

Vege meat, is also called "meat analogue"™, "meat substitute"™, "mock meat"™, "faux meat"™, or "imitation meat"™, which is made from tofu, soy protein, mushrooms, wheat gluten, etc, or mix of them, with flavouring added to make the texture and taste like real meat. And it is a good substitute of real meat for vegetarians or people, who would like to cut down the consumption of real meats, for health, religion or any other reason. No matter if you are vegetarian or not, this recipe would not disappoint you.

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)- ( ) 15 delicious vegan curry recipes for National Curry Week Garlic Mushroom Bok Choy - the easiest, healthiest, and best veggie dish with Black Sesame and Ginger Chicken Noodle Cold Noodle Recipes to Eat on 25 Chinese Recipes that are Better than Takeout Stir fry for 30 secs, then add the sauce and peanuts. This garlic chicken stir fry is a quick and easy dinner that's perfect for those busy Vegetarian Stir Fry . sauce and ginger is cooked with fresh vegetables and chow mein noodles or rice for an amazingly FRESH meal 25 Ramen Recipes for the Bold {but cheap} Well, the kids love noodles. from platingsandpairings.com. {/REPLACEMENT}

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