

From Lonely Planet, the worlds leading travel guide publisher, From the Source is a groundbreaking cookbook series that introduces food lovers and travel enthusiasts to the worlds most authentic local dishes by transporting them into the kitchens where they were perfected. Each country-specific edition features sumptuous original photography, up to 70 classic recipes, and inside stories and tips from the worlds best local cooks, from street-food vendors to Michelin-starred chef patrons. With From the Source Italy, youll tour through Northeast Italys earthy and elegant hot broth-based soups and warming polenta and risotti, Northwest Italys preserved cods and cakes of forest-harvested truffles and hazelnuts, Central Italys dark gamey stews and fresh porcini mushroom pastas, and Southern Italys citrus-scented fish grills and herby salads. Authors: Lonely Planet, Sarah Barrell and Susan Wright. About Lonely Planet: Since 1973, Lonely Planet has become the worlds leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. Lonely Planet. Its on everyones bookshelves; its in every travellers hands. Its on mobile phones. Its on the Internet. Its everywhere, and its telling entire generations of people how to travel the world. -- Fairfax Media Lonely Planet guides are, quite simply, like no other. - New York Times Lonely Planet guides have won the TripAdvisor Travelers Choice Award in 2012, 2013, 2014, and 2015.

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